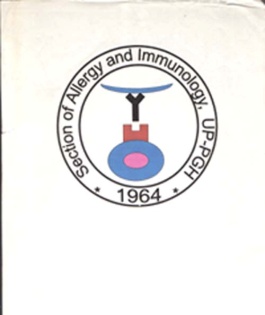
**PHILIPPINE GENERAL HOSPITAL**

**OUT PATIENT DEPARTMENT**

**SECTION OF ALLERGY AND IMMUNOLOGY**

**ALLERGIC RHINITIS/RHINOCONJUNCTIVITIS/BRONCHIAL ASTHMA**

**Follow up Form (1/3)**

Patient’s Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Case No \_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| Date of consult |  |
| Last seen on |  |
| Last working impression |  |
| Current Medications |  |
| Review of systems | [ ] sneezing [ ] cough [ ] fever  [ ] rhinorrhea [ ] dyspnea [ ] tearing  [ ] congestion [ ] wheals [ ] throat clearing  [ ] postnasal drip [ ] pruritus  [ ] rash \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  [ ] others \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Severity scale | **Allergic Rhinitis**  Intermittent mild persistent mild  Intermittent moderate to severe persistent moderate to severe  **Bronchial Asthma**  Controlled  Partly controlled  Uncontrolled  **Others** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_x/wk \_\_\_\_\_x/month \_\_\_\_\_x/yr |
| Triggers |  |
| Reaction to last ITx shot | Local / systemic  Immediate / late  Intervention |
| Latest laboratory results |  |
| HT / WT |  |
| BP / HR / RR |  |
| PEFR |  |
| General | Normal / mouth breathing / nasal twang  Speaks in sentences / phrases / words //  imminent respiratory distress  Oriented to 3 spheres / disoriented |
| Hair / Scalp | Alopecia / cradle cap / scaling / rash |
| Head / Face | Normal / facial tenderness  Facial erythema / pallor / headlight sign / malar rash / discoid rash |

**ALLERGIC RHINITIS/RHINOCONJUNCTIVITIS/BRONCHIAL ASTHMA**

**Follow up Form (2/3)**

Patient’s Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Case No \_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| Date of consult |  |
| Eyes | Conjunctivae: pink / pale / injection / cobblestoning  Sclerae: anicteric / icteric  Tearing / discharge / Dennie Morgan fold /  allergic shiners / angioedema |
| Ears | Pinnae: Normal / abnormal / angioedema  Ear canal: Normal / abnormal \_\_\_\_\_\_\_  Tympanic membrane: discharge / cerumen / cone  of light intact |
| Nose | Normal / nasal crease / external deformity /  alar flaring / bunny red nose  Septum: Midline / deviated / perforated  Grimacing / allergic salute  Turbinates: Normal and pink  Congested / pale / hyperemic /  Polypoid: L / R / bilateral  Discharge: clear, watery / mucoid / purulent / bloody  Nasal polyps: none / L / R |
| Oral cavity | Normal / lip angioedema / cheilitis / thrush / oral ulcers  High arched palate / malocclusion / halitosis |
| Throat | Cobblestoning / hyperemia / tonsillar hypertrophy / exudates / post-nasal drip |
| Neck, thyroid | Normal / thyromegaly |
| Lymph nodes | Normal / enlarged  Submandibular / supraclavicular / cervical / preauricular / others |
| Chest and lungs | Chest wall – N / AbN / accessory muscle use  Breath sounds: normal / decreased / hyperresonant  Fremiti: normal / decreased / increased  Adventitious sounds: rales / wheezes/ rhonchi |
| Heart | Apex beat = / PMI =  Normal rhythm / irregular rhythm / murmur |
| Abdomen | Normal / hepatomegaly / splenomegaly / mass / tender |
| Extremities | Palmar hyperlinearity / edema / joint swelling / clubbing |
| Skin | Normal / warm / cold / tender  Xerosis / pityriasis alba / keratosis pilaris /  ichthyosis  Macule / papule / maculopapular rash  Wheal / angioedema    Pustule / nodule / wart  Vesicle / bullae / scaling  Crusting / plaque / patch /  lichenification / excoriations  Hypo- / hyperpigmentation /  Erythema  Hot test + or –  Cold test + or –  Dermatographism + or –  Target lesions: Absent / present  Epidermal detachment: \_\_\_\_\_\_\_ % TBSA  Mucosal involvement: Absent / =1 / >1  Nikolsky’s sign: Absent / present |
| Pulses | Full / equal |

**ALLERGIC RHINITIS/RHINOCONJUNCTIVITIS/BRONCHIAL ASTHMA**

**Follow up Form (3/3)**

Patient’s Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Case No \_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| Date of consult |  |
| Present working impression |  |
| Diagnostics |  |
| Medications |  |
| Immunotherapy | Allergen Concentration Volume  I  II  III  IV |
| Post immunotherapy physical exam | PEFR  Lungs  Itx site |
| Reactions to current immunotherapy shot | Local / systemic  Immediate / late |
| Intervention for current reaction | Epinephrine SC  H1 blocker PO / IM  H2 blocker PO  Steroid Topical / PO / IM  O2 / nebulization |
| Referrals |  |
| Next ffup on |  |
| Examined by |  |